

# Former addict, author, and speaker Kathy Williamson will share with your audience **The Roadmap Out of Addiction!**

Free Downloadable Bonuses

**My Friend Is An Addict -  
What Can I Do?**



Use the Roadmap Out of Addiction™  
To Influence Your Friend And  
To Take Back Your Life

Kathy E. Williamson

There is an abundance of information about addiction's impact on addicts and those who love them, but little discussion on how friends and family members can actually help an addicted loved one to get well.

Kathy Williamson overcame a ten-year addiction to pain pills and has been clean for almost 30 years, without attending a single support group. A crisis hotline counselor for over 12 years, Kathy created her own **Roadmap Out of Addiction™** program to help addicts get and stay clean. Her program offers proven recovery tools spouses, family members and friends can use to help their addicts and get their own lives back. Kathy's book, *My Friend is an Addict – What Can I do?* will be available March, 2018.

## Story Ideas

- The Real Way to End the Opioid epidemic—5 ways to reverse what drives people to opioid addiction
- My Friend Is An Addict – What Can I Do? 5 ways to move your loved one from addiction to independence
- The Forgotten People—How wives of addicts can quickly turn their anger into calmness
- Living with a Pathological Liar and Narcissistic Addict—3 ways to get your life back and regain your sanity.
- Once an Addict, Always an Addict—Is it possible to get free and stay free? Kathy's Roadmap Out of Addiction, Blueprint
- Avoid relapse without attending support groups—Stop your addictive behavior and never use again, with these 7 key elements
- 1 out of 3 Attorneys are Addicted but Won't Get Help!—Are you one of the secret users? Come out of the darkness into the light with these 3 Addiction Roadmap Directives
- A Crisis Hotline Counselor's Perspective on the Real Recovery Process—What does it take, and who can make the difference?
- Every 3 Minutes a Woman goes to the Emergency Room for Prescription Painkiller Abuse—3 things women can do today to take back control of their lives.
- Veterans and PTSD—the 10-session treatment capable of ending our soldiers' misery!



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